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The Book of Hours

Being Afraid

Our Father,
Who art in heaven
Hallowed be thy name
Thy kingdom come
Thy will be done
On earth as it is in heaven
Give us this day our daily bread and for-
give us our trespasses as we forgive
those who trespass against us
Lead us not into temptation
And deliver us from evil
Amen

Dear Lord,
Lead us o father. Lead us to do
your work, to spread the good news to
all our neighbours. Let us follow you
and don't let us be afraid. Like Samuel
help us to know what you want us to do.
Amen

Psalm 56 v 3,4,10,11

*When I am afraid,
I will trust in you.
In God, whose word I praise,
in God I trust ;I will not be
afraid.
What can mortal man do to me?*



The LORD came and stood there, calling as at the other times, "Samuel! Samuel!" Then Samuel said, "Speak, for your servant is listening." And the LORD said to Samuel: "See, I am about to do something in Israel that will make the ears of everyone who hears of it tingle. At that time I will carry out against Eli everything I spoke against his family--from beginning to end. For I told him that I would judge his family forever because of the sin he knew about; his sons made themselves contemptible,^[1] and he failed to restrain them. Therefore, I swore to the house of Eli, 'The guilt of Eli's house will never be atoned for by sacrifice or offering.'"

